

# Adult Day Center of Somerset Hills

# JUNE 2018

Monday

Tuesday

Wednesday

Thursday

Friday

## Celebrating 30 Years of Adult Day Services

Center :  
908-766-6164 x 270

Weather permitting we  
may be in the garden.  
Please bring jackets,  
hats, etc. you need.  
Please place name  
in all outerwear.

Daily Activities  
8-Open  
Meet & Greet  
10- Coffee & Tea  
11:30 - Exercise  
12 - Lunch  
2:15 - Afternoon Snack  
3 - Pick up begins  
4:30 - Center Closes

**4** Open House  
Week

10:45 Hazel & Nikki  
Therapy Dogs  
11:30 Exercise

1:15 Balloon  
Volleyball

**5**

10:45 Chair Yoga

1:15 Singing with  
Ilene

**6** Crazy Hat Day!

10:45 Hat making

11:30 Exercise

1:15 Garden Games

**7**

10:45 Wacky  
Wordies  
11:30 Exercise

1:15 Music Therapy

**1**

10:45 Peapack  
Gladstone Bank  
Day of Caring

11:30 Exercise

1:15 Horticulture  
with Amanda

**8**

10:45 Move to the  
Music YMCA

1:15 Deloitte Day  
of Caring

**11**

10:45 Scattegories  
11:30 Exercise

1:15 Ice Cream  
Party with Caitlyn

**12**

10:45 Chair Yoga

1:15 Morris  
Museum -  
"Caribbean Fun"

**13**

10:45 Dice Game  
11:30 Exercise

1:15 Songs with  
Sal DiBianca

**14** Flag Day

10:45 Old Glory Fun  
11:30 Exercise

1:15 Music Therapy  
Flag Art Project  
**Hair Salon**

**15**

10:45 Move to the  
Music YMCA

1:15 Center for  
Contemp Art

**18**

10:45 BINGO  
11:30 Exercise

1:15 Art with Atalia

**19**

10:45 Chair Yoga

1:15 Museum Early  
Trades & Crafts  
"What's in a Name"

**20**

10:45 Finish the  
Phrase  
11:30 Exercise

1:15 Art with Jerry  
Happ

**21** 1st Day of  
Summer!

10:45 Garden  
Games  
11:30 Exercise

1:15 Music Therapy

**22**

10:45 Target Trivia  
11:30 Exercise

1:15 Environmental  
Center "Nocturnal  
Sounds" **Hair Salon**

**25**

10:45 Chair Yoga

1:15 Balloon  
Volleyball

**Caregiver Support  
Group**

**26**

10:45 Making  
Chocolate Pudding  
11:30 Exercise

1:15 Balloon  
Volleyball

**27**

10:45 July  
Centerpiece  
11:30 Exercise

1:15 Show & Tell  
with Rulene

**28**

10:45 Crossword Fun  
11:30 Exercise

1:15 Music Therapy

**29**

10:45 Move to the  
Music YMCA

1:15 Singing with  
Ilene

