

December
2018

Adult Day Center of Somerset Hills

Monday

Tuesday

Wednesday

Thursday

Friday

<p>3</p> <p>10:45 Pet Therapy with Hazel & Nikki</p> <p>11:30 Exercise</p> <p>1:15 Trimming the ADC Tree </p>	<p>4</p> <p>10:45 PNC Bank Day of Caring</p> <p>1:15 Celebrating Christmas with Pastor Ted</p>	<p>5</p> <p>10:45 ChairYoga</p> <p>1:15 Show & Tell with Rulene "Santas"</p>	<p>6</p> <p>10:45 Holiday Wacky Wordies</p> <p>11:30 Exercise</p> <p>1:15 Music Therapy</p>	<p>7</p> <p>10:45 Hot Potato Trivia</p> <p>11:30 Exercise</p> <p>1:15 Envir Center "Maple Sugaring"</p>
<p>10</p> <p>10:45 Pet Therapy with Hazel & Nikki</p> <p>11:30 Exercise</p> <p>1:15 Piano singing with Ilene</p>	<p>11</p> <p>10:45 ChairYoga</p> <p>1:15 Morris Museum "Exploring World Cultures thru Dolls" Hair Salon</p>	<p>12</p> <p>10:45 Holiday Craft with Brandywine</p> <p>11:30 Exercise</p> <p>1:15 Craft with Jerry Happ</p>	<p>13</p> <p>10:45 Christmas Cookie Decorating</p> <p>11:30 Exercise</p> <p>1:15 Music Therapy</p>	<p>14</p> <p>10:45 YMCA Movin to the Music</p> <p>1:15 Art with Center for Contemporary Art</p>
<p>17</p> <p>10:45 Holiday Fun Das & Underhill Families</p> <p>11:30 Exercise</p> <p>1:15 The Polar Express Caregiver Support Group</p>	<p>18</p> <p>10:45 ChairYoga</p> <p>1:15 Museum Early Trades & Crafts "History of Carols"</p>	<p>19 Crazy Holiday Sweater Day!</p> <p>10:45 Pet Therapy with St. Huberts</p> <p>11:30 Exercise</p> <p>1:15 Horticulture with Amanda Hair Salon</p>	<p>20</p> <p>10:45 Holiday Reading</p> <p>11:30 Exercise</p> <p>1:15 Ridge High A Capella Choir</p>	<p>21</p> <p>10:45 Jingle Bell Rockin' with Sal DeBianca</p> <p>1:15 Music with Mira & Maya</p>
<p>24</p> <p><i>Christmas Holiday</i></p> <p> Center Closed 12/24 & 12/25</p>	<p>25</p>	<p>26</p> <p>10:45 Christmas Memories Trivia</p> <p>11:30 Exercise</p> <p>1:15 Piano singing with Ilene</p>	<p>27</p> <p>10:45 BINGO Fun!</p> <p>11:30 Exercise</p> <p>1:15 Music Therapy</p>	<p>28</p> <p>10:45 ChairYoga</p> <p>1:15 At the Movies!</p>
<p>31</p> <p>10:45 Wheelless Fortune</p> <p>11:30 Exercise</p> <p>1:15 New Year's Eve Party </p>				

Center :

908-766-6164 x 270

Please place names in all outerwear.

For inclement weather call (908) 766-6164 x-262 starting at 7:00 a.m.

Daily Activities

8-Open

Meet & Greet

10- Coffee & Tea

11:30 - Exercise

12 - Lunch

2:15 - Afternoon Snack

3 - Pick up begins

4:30 - Center Closes

