






ADULT DAY CENTER of the VISITING NURSE ASSOCIATION of SOMERSET HILLS

 **AUGUST** 2012

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
			1 1:15 Vivian Morrison Piano and Singing	2 1:15 Reminiscing and Trivia	3 1:15 Hangman	4 
5 	6 10:45 Hazel and Therapy Dogs  1:15 Jaime will Entertain us	7 1:15 Karaoke	8 10:45 In the Garden "Plant Pot Bowling"  1:15 Discussion: The First Garden was Eden	9 1:15 Word Power	10  1:15 Therapeutic Art Fan Friday	11
12	13 1:15 Family Feud	14 1:15 At the Movies "House Boat"	15 10:45 St. Hubert's Therapy Dogs  1:15 <b>BINGO</b> with the Chelsea	16 1:15 Ilene Weiner Piano and Singing	17 1:15 Karaoke	18
19	20 10:45 Hazel and Therapy Dogs  1:15 Powerpoint "Light Houses"	21 1:15 "Are You Smarter Than A Fifth Grader?"	22 1:15 Angela and Bob Singing and Piano Playing  <b>PODIATRY</b>	23 1:15 Ice Cream Social 	24 10:45 Dog Days of Summer  1:15 Reminiscing and Trivia <b>PODIATRY</b>	25
26 	27 10:45 All About Sunflowers	28 1:15 Crossword Puzzle	29   1:15 Vacation Memories – Top 10 List	30 1:15 Jenny Fisher Guitar and Singing	31 1:15 <b>BINGO</b> 	

Daily Calendar of Activities

- 8:00 Center Opens  
Individual activity: ie reading, puzzles  
social time with each other, etc
- 10:00 Morning coffee and socializing
- 10:30 Return to program room and  
Chair side exercise
- 10:50 Morning program: reminiscing on  
various topics, word games, trivia,etc
- 11:40 Restroom break  
(with assistance as needed)
- 12:00 Lunchtime
- 1:15 **Special afternoon program** (see calendar)
- 2:15 Restroom reminder (with assistance as  
needed)
- 2:30 Afternoon snack
- 3:00 Return to program room to end  
the day with individual activities  
while waiting to be picked up
- 4:30 Center closes

**Center: (908) 766-0180**  
**Transportation: (908) 231-7115**

**Our room is air conditioned.**  
**Please wear a sweater over a short  
sleeve top.**