

Adult Day Center of Somerset Hills

JUNE 2018

Monday

Tuesday

Wednesday

Thursday

Friday

Celebrating 30 Years of Adult Day Services

Center :
908-766-6164 x 270

Weather permitting we
may be in the garden.
Please bring jackets,
hats, etc. you need.
Please place name
in all outerwear.

Daily Activities
8-Open
Meet & Greet
10- Coffee & Tea
11:30 - Exercise
12 - Lunch
2:15 - Afternoon Snack
3 - Pick up begins
4:30 - Center Closes

4 Open House
Week
10:45 Hazel & Nikki
Therapy Dogs
11:30 Exercise

1:15 Balloon
Volleyball

5
10:45 Chair Yoga

1:15 Singing with
Ilene

6 Crazy Hat Day!
10:45 Hat making
11:30 Exercise
1:15 Garden Games

7
10:45 Wacky
Wordies
11:30 Exercise
1:15 Music Therapy

1
10:45 Peapack
Gladstone Bank
Day of Caring
11:30 Exercise
1:15 Horticulture
with Amanda

8
10:45 Move to the
Music YMCA
1:15 Deloitte Day
of Caring

11
10:45 Scattegories
11:30 Exercise
1:15 Ice Cream
Party with Caitlyn

12
10:45 Chair Yoga
1:15 Morris
Museum -
"Caribbean Fun"

13
10:45 Dice Game
11:30 Exercise
1:15 Songs with
Sal DiBianca

14 Flag Day
10:45 Old Glory Fun
11:30 Exercise
1:15 Music Therapy
Flag Art Project
Hair Salon

15
10:45 Move to the
Music YMCA
1:15 Center for
Contemp Art

18
10:45 BINGO
11:30 Exercise
1:15 Art with Atalia

19
10:45 Chair Yoga
1:15 Museum Early
Trades & Crafts
"What's in a Name"

20
10:45 Finish the
Phrase
11:30 Exercise
1:15 Art with Jerry
Happ

21 1st Day of
Summer!
10:45 Garden
Games
11:30 Exercise
1:15 Music Therapy

22
10:45 Target Trivia
11:30 Exercise
1:15 Environmental
Center "Nocturnal
Sounds" **Hair Salon**

25
10:45 Chair Yoga
1:15 Balloon
Volleyball
**Caregiver Support
Group**

26
10:45 Making
Chocolate Pudding
11:30 Exercise
1:15 Balloon
Volleyball

27
10:45 July
Centerpiece
11:30 Exercise
1:15 Show & Tell
with Rulene

28
10:45 Crossword Fun
11:30 Exercise
1:15 Music Therapy

29
10:45 Move to the
Music YMCA
1:15 Singing with
Ilene

